



REST.Q



It is a privilege to help all animals in need here and everywhere.

December 2023



Feral Feeding Station

THANK YOU TO THE FERAL STATION VOLUNTEERS
We have several feral stations on Galiano where animals are fed daily. Sometimes it is a family who lives nearby and other times volunteers travel daily to feed the cats. We thank Sylvie, Nicole, Camita, Jan, Seonaid, Bill, Katherine and Lorraine for helping out.

Joanna is on duty 365 days a year and Volunteers give her a much needed break.
Team Work at its best!

GREAT CHRISTMAS IDEAS



Dr. Lis Jahren (our amazing and wonderful vet) has created the most beautiful cards that are always for sale at GALIANO SOAPWORKS GIFT SHOP. Many thanks to Linda Cupples for allowing RestQ to have a table at Soapworks. Come and browse and find a neat treasure for your pet or other family member and friends. Come support RestQ.



Read Retired Veterinarian, Dr. Gary Rosnick's Article in the Active Page for more information on poisonous plants and pet safety in The Active Page's December issue

Rest.Q Animal Sanctuary is a registered non-profit charity that provides permanent housing to many formerly abused, abandoned, and neglected animals. We are located on Galiano Island in British Columbia, Canada, and mostly serve the Southern Gulf Islands region, although we do partner with other animal welfare organizations throughout the province.

Our mission is to:

- Provide permanent shelter to unwanted animals.
- Provide temporary assistance to animals in need.
- Educate the community and visitors about responsible animal stewardship.

Please go to our website www.restqsanctuary.ca for more information and contact information.

BY DR. GARY ROSNICK

Recently I was asked to write a feel-good story for REST.Q, which is a nonprofit organization that looks after abandoned, stray or injured animals on Galiano and Mayne Islands. I became a member of the REST.Q board this year, and was trying to think of a heartwarming animal story to relay, but thought the best article I could write would be about the selfless work of Joanna Pollard, our director for REST.Q, since its inception 17 years ago.

There are so many wonderful and dedicated individuals who donate time and energy into making REST.Q successful, but without Joanna leading this group, I'm not sure REST.Q would continue to exist.

Each and every day of the year, morning and night, rain or shine, Joanna goes out to feed the feral cats at several feeding stations on the island. As well, on her property Joanna feeds and looks after a number of stray cats that have access to a shelter that has heating and bedding. She takes all of these cats to the Mayne Island Vet Clinic to be spayed or neutered, as well as any injured or sick cats. This is usually on a weekly basis. Additionally, while on Mayne, Joanna will pick up medication for Galiano pet owners who can't make the trip themselves. Donations and money raised to support REST.Q are used exclusively to support the welfare of stray or struggling animals.

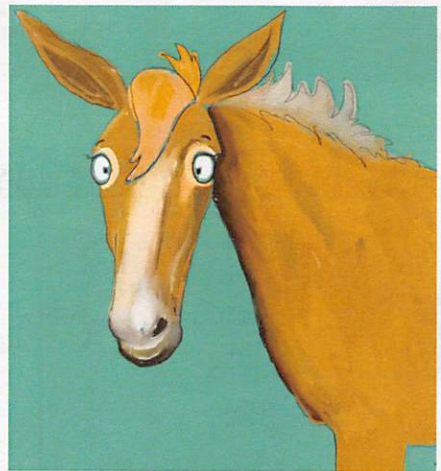
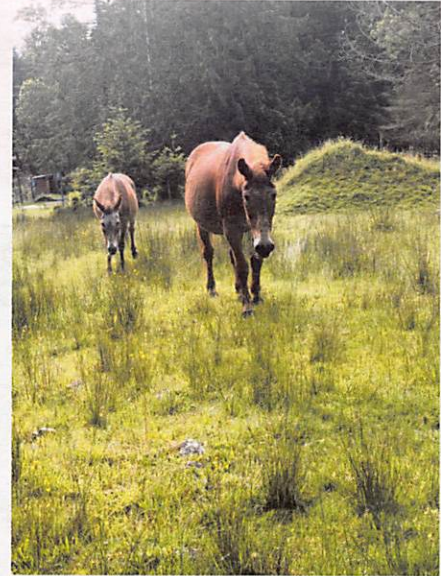
Every Saturday morning from 9am to 3pm when the Saturday market is running, you will see Joanna at the REST.Q booth selling cards and crafts, and taking donations to support the well-being of stray pets and injured wildlife, or to assist islanders who are struggling with the costs of looking after their sick pets.

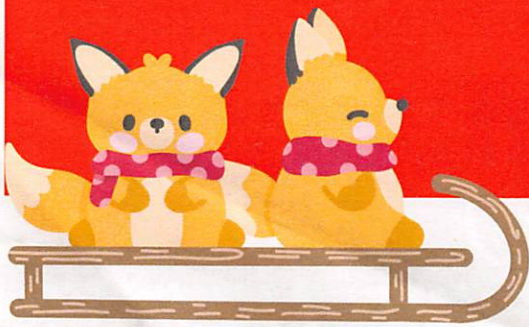
Joanna told me about one gentleman who stopped by the booth and asked what REST.Q is most in need of. Joanna told him that a generator would be very helpful in the winter to provide heat for the cat shelter when the power goes out. He wrote a cheque for that amount right there and then.

I don't know when Joanna rests. If she is not donating her time to the running of REST.Q, she can be found managing and running Galiano Soap Works or volunteering at the Galiano Vet Clinic every two weeks.

REST.Q has taken in approximately 500-600 cats, some dogs and rabbits since its inception, and has had them spayed or neutered, and has found homes for 99% of these animals. The other 1% usually find their way into Joanna's home.

Joanna is truly a selfless person who puts her heart and soul into caring for all of the special creatures in need on Galiano and Mayne Islands.





Always with us

Ronaye Hudyma was a lifelong entertainer who did not waste time limiting herself. She was equally comfortable on the stage, on the television screen, in person – always well-attired – and on the print page. She felt equally comfortable and showed her talents in the United States, Canada, Japan, Sri Lanka, Mexico and many other countries. She was truly an artist without borders. Ronaye was both an interesting and enigmatic person, but whatever she was she brought to Canada and particularly to Mayne island in British Columbia.

She spoke of her adventures in Nashville, the music center of America, and the challenges of being accepted and successful in the American entertainment industry. There she sang, recorded and wrote lyrics. Perhaps the most permanent memory of Ronaye is her books of poetry, which include "How Many Heartbeats?: The Evolution of the Human Spirit" and "With a Broken Wing: Expressions of the Human Spirit". Anyone who reads these will find the books having gems that appeal to them. As Ronaye was a lover of life and of creatures, especially the small, it is no wonder that she wrote beautiful poems that express that love.

Consider:

"So I said to my cat...

You're not really a cat, you know.

And I'm not really a human.

We are in disguise, incognito, just pretending.

We are one and the same."

Important to the BC Gulf Islands, when Ronaye left all of us, she donated her life savings and her house to an animal rescue organization. Her generosity will be felt, though unrecognized, by countless lost, hungry and homeless animals who wander the Gulf Islands. They will be better for the fact that she lived...as will all of us. May we recognize her gifts for the creatures who cannot! May her memory be a blessing on the living.



PRESIDENT'S REPORT

By Joanna Pollard

So many thanks to all our wonderful supporters for once again trusting Rest.Q to reach out to help those who need help with their beasties. Through generous donations of food from the Missy Foundation, Sidney Bosley's and Richmond PetSmart we have been able to support Galiano Food Bank with both dog and cat foods during the year to help those who need a helping hand.

Once again, we had fun at the Summer Market meeting old friends and new ones while showing off Elisabeth's new cards, Len's woodworkings and Carmita's wonderful fruit. Bonnie was busy selling her fruit and vegetables at her gate with the proceeds coming to Rest.Q.

This has been a challenging year for Rest.Q and I would like to take this opportunity to thank our Board, Henry, Alison and Gary and although not on the Board, Lorraine, for their support and hard work. Zoe is leaving us as our Bookkeeper, after many years of putting up with myself. We only wish her the very best of the future. Joy has been a marvel putting together the Christmas Letter - we thank you Joy.

Now to wish you and your furry, hairy, scaly family creatures a happy and healthy Christmas Season -

Joanna

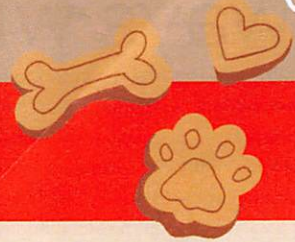




REST.Q



Gratitude



A VERY WARM THANK YOU

THANK YOU TO THE
BRIDGE PLAYERS
TOURNAMENT FOR
YOUR DONATION



A SPECIAL THANK YOU
TO
BRIDGEPORT
PETSMART, SIDNEY
BOSLEY'S AND
THE MISSY FOUNDATION
FOR YOUR AMAZING
DONATIONS
OF FOOD
THROUGHTOUT THE
YEAR.

THANK YOU

Sam Fiddler and
Alison Martin for
directing birthday
donation gifts to
REST.Q

A HEARTFELT THANK YOU FOR THE TIRELESS EFFORTS OF
THE BOARD OF DIRECTORS:
JOANNA POLLARD, HENRY LANGE, ALISON MARTIN AND
GARY ROSNICK.

It has been an especially challenging year for
each and everyone.

We would like to extend two extra special thank you's
to Dresden Ford for all his support
and to Crane and Robin for their continued support
Thank you.



SCAN TO MAKE
A DONATION

